

T.M.H.L.

38 Years 1978 - 2016

Tottenham Men's Hockey League

Regular Season Rules Sept 2016

All general TMHL rules apply: Please see TMHL RULES for General rules of play

Substitutions: Regular season substitution rules are: Pick up players (to 8 for Men's division and to 10 for Over 40) and may never be ranked higher than the missing player. Goalies may be substituted but should be ranked as close as possible whenever possible. **Most importantly the opposing Captain must approve of any substitution without question or consequence.**

Points: Regular season points are 2 for a win and 1 for a tie.

Regular Season Tie Break: If 2 or more teams are tied at the end of the Regular Season the standings will be determined by the following
#1 Wins. #2 Head to Head. #3 +/- . #4 Coin Flip